Circles of Concern, Influence and Control

Template

Circle of Concern

Circle of Influence

Circle of Control

There are 2 questions to complete for this task.

1. Using the example of COVID-19, brainstorm all the issues that belong to your Circle of Concern, your Circle of Influence and your Circle of Control.
   1. Circle of Concerns – what are all your concerns in relation to COVID-19?
   2. Circle of Influence – what are you able to influence in relation to COVID-19?
   3. Circle of Control – what are you able to control in relation to COVID-19?

Record your responses within each circle.

Circle of Concern

Circle of Influence

Circle of Control

2. Identify how this model can be helpful in dealing with challenging situations.

* It’s a model of being ‘Self Sufficient’ in which we are ourselves challenging the disease 1 on 1.
* Neither distancing nor socializing works because the uplifting initiatives have to start from ground up, and keeping such points in hand makes an individual aware to how to combat similarly this when kept in chain of referral makes a bigger change with audiences participation.
* Tending to perform such actions makes a person in leader’s position and people follow along making a pan – public solution for ‘pan’demic.